



Appointment Instructions

What will occur?

Be sure to arrive 15 minutes early for your appointment, to finish additional paperwork.

In your first appointment you will be given a few preliminary exams that will help determine if you are in a state of inflammation.

Examples of these preliminary exams are:

Body composition, Meta Oxy Urine Analysis, Mineral Testing, Vision Contrast Sensitivity, and an orthostatic BP test. These are all non-invasive and done in-office. You will also receive a comprehensive review of the Neurotoxic Questionnaire.

What do I need to bring?

We highly encourage you to bring your spouse to this appointment. As well as this packet of paperwork completed. If you wear glasses or contacts at all, make sure you have them with you. If you have any labs you think are relevant from the past year, please bring copies of your test results to this appointment.

What is the policy on rescheduling this appointment?

If you are more than 15 min late for your appointment or do not have your paperwork completed or with you, the appointment is considered cancelled. You may reschedule this appointment up to 24 hours in advance. Outside of a catastrophic occurrence, you will be charged for any less-than-24 hour cancelations, late arrivals, or no-shows.

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